

Dr Paul Beaver

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PROFESSIONAL PROFILE

Dr Paul Beaver (PhD), spent the first 15 years of his working life involved in Research and Development both internationally and in Australia, and has since worked in a variety of areas from compliance risk management, OH&S, personal and professional development, to preventative health solutions.

For the past 20 years Paul has been developing personalised health solutions for maximising health potential, based on the latest scientific and medical research including the new disciplines of Nutrigenetics and Nutrigenomics, which is the study of the interaction between our genes, exercise, nutrition, lifestyle choices and our health. During this time Paul has worked with many medical practitioners and healthcare professionals in Australia and internationally towards improving the health and wellness outcomes of their patients.

Paul is the co-founder and Chief Scientific Officer of Fitgenes (Australia) Ltd, an international provider of genome - based personalised healthcare and wellness services. His expertise and commitment to finding new and innovative solutions to the current global health crisis has contributed to the success, growth and development of Fitgenes as an organisation. As a result, Fitgenes has pioneered a personalised genome-based healthcare system, education program and a cloud-based IT platform to enable practitioners to harness the power of Nutrigenomics for improving the health and wellbeing of their patients.

In acknowledgement of Paul's commitment to helping people maximize their potential for healthy living and health ageing using Nutrigenetics and Nutrigenomics, on the 1st of July 2016 he was appointed as an Honorary Senior Research Fellow, in the school of Applied Health, Dietetics and Nutrition, at La Trobe University, Melbourne Australia.